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Determination In Cold Weather

For a person who is not fond of cold weather there is one woman who may not be the most qualified person for a trip to the Antarctic but she actually engaged in two travel expeditions to that location. This woman is interested for a third trip to the continent. It was a known fact for the lady that no other place was as cold. Much of her motivation came from the notion of being part of the limited group of people who have encountered this.

It was in the year 1988 when she became part of a support crew for scientists 825 miles from the South Pole at the McMurdo Station on the Ross Ice Shelf. She was a general field assistant which she considered as a go for in today's everyday language. Written by the National Science Foundation was Survival in Antarctica which she needed to read. Next on her list was an extensive physical exam plus several vaccinations. This is due to the absence of medical facilities over there. If you are looking for more information on [antarctica travel guide](#) make sure to visit their website.

Should you require any medical assistance, the only way to get it is to be evacuated by helicopter which does not only cost lots of money for the government but can get other people in harm's way too. Her itinerary after reaching Antarctica is going to an outdoor survival school. Should she find herself far from the base, she will know how to spot a crevasse field and make an adequate sleeping shelter.

Aside from a covered path leading to the bathroom from the ten this had four lavatories and two showers. On the door to the bathroom was a warning that says personnel are allowed, one two minute shower a week. Only when needed should toilets be flushed. Such a rule applies until further notice. Any fires on the station can be doused with an adequate amount of water. A number of equipment experienced mechanical breakdowns especially at the water plant due to consistent use in sub zero temperatures.

Necessary are water reserves for this predicament. Water supplies are allocated for usage in cooking as well as for drinking. They are not particularly concerned when it comes to water for flushing, showering, and doing laundry. If you need more details on [trips to antarctica](#) visit there.

When it comes to phone calls, there are also certain limitations. There was a waiting list you needed to put yourself on so that when the weather does not interfere with the air waves you can make a call. Responsible for communication are ham radio operators.

Weather that was extremely cold was the worst inconvenience they had to deal with over there. When it was October through December, during the summer, the temperature would be at 32 degrees. More changes in temperature happen during January. She recorded some of the daily temperatures and wind chills in her diaries.

Working in pairs is often dictated by the weather. It can also interfere with outdoor travel. Weather conditions when extreme totally forbid this. Due to the isolation she learned a lot about herself. It also changed her. Earlier on she was a person who would pass off as highly smug. Now, she knows there are things beyond her control, things she can't conquer alone. You could say that she is more relaxed now.

Weird describes that continent. An incredible experience is what it is, stepping foot in a continent where only a few have ever stepped foot on. Consider how man has gone to every place possible. The powers of man make rivers, the timber, and mountains easily accessible.

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